



ease



free swims

for juniors

Come and join in the fun and keep active

Tynemouth Pool

Tel: (0191) 643 2900

Friday : 4.30pm - 5.30pm

Saturday : 10.30am - 12.30pm

Sunday : 10.30am - 12.30pm



The Lakeside Centre, Killingworth

Tel: (0191) 223 4177

Thursday : 5.30pm - 6.30pm

Saturday : 10.30am - 12.30pm

Sunday : 10.30am - 12.30pm

Waves, Whitley Bay

Tel: (0191) 643 2600

Monday : 4.30pm - 5.30pm

Saturday : 10.30am - 12.30pm

Sunday : 3.00pm - 5.00pm

All sessions are fun and cater for all abilities. So come along join in the fun, bring your friends along and meet new friends too. All children must have an  card to gain entry, however these will be handed out on arrival and are free for all North Tyneside residents.

Working closer
with communities



North Tyneside Council

action club



North Tyneside Council

25p for an hour of activity

The Lakeside Centre

Tel: (0191) 223 4177

Monday

Ages 8-12 4.30pm - 5.30pm

Ages 13-16 5.30pm - 6.30pm

The Parks Sports Centre

Tel: (0191) 200 6364

Tuesday

Ages 8-12 5.00pm - 6.00pm

Ages 13-16 6.15pm - 7.15pm

Sport and Leisure @ Burnside

Tel: (0191) 643 2025

Wednesday

Ages 8-12 5.00pm - 6.00pm

Ages 13-16 6.00pm - 7.00pm

Marden Bridge Sports Centre

Tel: (0191) 643 2929

Friday

Ages 8-12 5.30pm - 6.30pm

Ages 13-16 6.45pm - 7.45pm

All sessions are fun and cater for all abilities.

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@BSC



VOLEYBALL | TEAM GAMES | AND MUCH MORE

FOOTBALL | TRAMPOLINING | BADMINTON | TABLE TENNIS

Working closer with communities